

Teresa Lambert

NURSE | PRACTITIONER

PROFESSIONAL PROFILE

Experienced Family Nurse Practitioner, Adult Gerontology Clinical Nurse Specialist. Develops patient confidence and satisfaction through delivering expert evidence-based clinical care with kindness and compassion. Possess a unique background in developing internal and external client satisfaction. Highly ethical, trustworthy employee with excellent communication skills.

 619-701-3890

 TeresalambertFNP@gmail.com

 Encinitas, CA

EDUCATION

Post-Masters Certificate
Family Nurse Practitioner
AZUSA PACIFIC UNIVERSITY
2018-2020

Master of Science in Nursing
Clinical Nurse Specialist
Adult Gerontology
POINT LOMA NAZARENE
2015-2017

Bachelor of Science
Nursing
NATIONAL UNIVERSITY
2009-2011
Magna Cum Laude

CREDENTIALS

CA FNP LICENSE # 95016155

CA RN LICENSE # 782769

CA CNS LICENSE # 4658

CA PHN LICENSE # 87028

NPI

DEA

BLS/ACLS

NIHSS

EXPERIENCE

Family Nurse Practitioner

Scripps Coastal Medical Center / San Diego / 2021 – Present

ADVANCED PRACTICE CLINICIAN / PRIMARY CARE

Practitioner adept at providing evidence-based care through in-person and telemedicine appointments. Physical exams, women's health, sick visits, complex patient care. Support multiple provider's in-boxes: evaluate test results, respond to patient queries, medication management.

- Increase patient satisfaction through patient-centered care.
- Consistently focus on closing care gaps and achieving center goals.
- Provide patient care throughout multiple SCMG San Diego clinics to support increase in patient demand.

Family Nurse Practitioner

Scripps Health Express / San Diego / 2021 - Present

ADVANCED PRACTICE CLINICIAN / Express Care

Care for individuals seeking same-day visits for acute needs in a fast-paced clinic. Float to multiple locations as needed; integrate easily with multiple providers and team members.

- Fast paced clinic requiring efficiency with HPI, diagnosis, treatment, education and documentation.
- Patient care through multiple modalities; in-person, video visits, e-visits.

Family Nurse Practitioner

Oxford Care / Chula Vista / January, 2021 - February, 2022

Fast paced private practice serving a diverse population with acute and chronic issues. Built rapport with patients by instilling trust and providing support for their unique needs. Provided women's health to at-risk and culturally diverse individuals. Provided thorough patient education and timely follow up on test results. Developed treatment plans to ensure optimal health outcomes.

- Independent provider
- Provided leadership to support staff

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PROFESSIONAL AFFILIATIONS

- American Association of Nurse Practitioners
- California Association of Nurse Practitioners
- American Nurses Association
- American Heart Association
- American Society of Pain Management Nursing
- American Nursing Credentialing Center

ADDITIONAL EXPERIENCE

Clinical Professor, Adjunct

University of San Diego /2017 - 2022

Integrated didactic theory and hands on training to ensure instruction aligned with expected competencies established by the organization and accreditors. Provided positive environment incorporating best practices for instruction and feedback to increase student learning and confidence. Utilized evidence-based care and practices to optimize patient outcomes.

Registered Nurse

Scripps Hospital Encinitas / 2007 – 2021

Progressive Care Unit/Medical-Surgical/Telemetry/DOU

Direct patient care. Supervision of nursing team as Charge Nurse.

Collaborated with medical team to develop appropriate patient plan of care.

Critical patient assessments and appropriate nursing interventions. Assisted with bedside procedures.

- Charge Nurse
- Nurse Preceptor
- Emerging Leader Program Graduate
- Clinical Practice Council representative
- Unit-based Quality Council Chairperson